**STINA RESOURCES LTD.**   
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Richmond, BC V6X 1Y1   
CSE: SQA  
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October 5, 2015

**NEWS RELEASE  
Stina Starts further work on Bisoni McKay Vanadium Property**

Stina Resources, (CSE: SQA) is pleased to announce it will commence with a work program on the Bisoni McKay Vanadium Property, located in northern Nevada. The work program will focus on completing phase II as per the Recommendations of the Company’s July 15, 2015 NI 43-101 Technical Report by Ed Ullmer, P. Geo.

In the July 15, 2015 report, recommendations were to further examine, and correct where necessary, minor drill hole location discrepancies on Northern Section A, and subsequently confirm the resource estimate on the section, previously calculated by Maptek. This survey control is not expected to reflect any significant changes to the resource estimate. Drilling samples will also be organized for future bulk sampling.

It was also recommended that the Company undertake a review of the vanadium recovery studies initiated by Hazen in 2006-2007, and further reviewed by Lyntek in 2011. Since Lyntek is no longer in business, a new metallurgical lead must be selected to continue the BMK metallurgical studies. This team will formulate a plan to improve the efficiency and expense by working off of Hazen’s efforts as well as to investigate other less orthodox recovery options that would be applicable for recovery treatment of Bisoni McKay V2O5.

In this current work program, Stina will contract a new metallurgist team that will investigate the options and produce a written plan and cost estimate for continuing the recovery refinement, which would be initiated under phase III.

The Company will initiate this work program on the property, with a site visit scheduled immediately and a technical report will be updated and made available upon completion. A budget of $50,000 has been set for the completion of phase II.

Stina President James Corrigan commented that the Bisoni McKay property is fully vested and remains a valuable asset to the company. The proposed work program is designed to further shed light on potential development and direction of the Bisoni McKay property while identifying the asset’s priority in the company, a defining its place in the vanadium global market.

Ed Ullmer, P.Geo, CO is a designated Qualified Persons acting for the Company and assisted in the preparation of this news release. For further information, please call 1-800-882-3213 or visit www.stinaresources.com

On behalf of the Board of Directors,

James Corrigan   
President/ Director   
  
THE CSE HAS NOT REVIEWED AND DOES NOT ACCEPT RESPONSIBILITY FOR THE ADEQUACY OR ACCURACY OF THIS NEWS RELEASE.